



BRESSAWS

Kimura Shukokai Karate

Class Schedule

FORDS DOJO 523 New Brunswick Avenue • Fords, NJ • 732 738.8199

MON	TUE	WED	THURS	FRI	SAT
KATA CLASS 8 to 12yrs old Green to Black 6:15pm to 7:15pm	ALL AGES WOMEN ONLY WOMENS CARDIO 6:30pm to 7:30pm	5 to 12yrs old White to Orange 5:45 to 6:30pm	3 to 4yrs old 5:50 to 6:20pm	CLOSED	3 to 4yrs old 8:45am to 9:15am
KATA CLASS Adults & Teens Green to Black 7:30pm to 8:45pm		5 to 12yrs old Green to Black 6:40 to 7:30pm	5 to 12yrs old White to Orange 6:30 to 7:15pm		5 to 12yrs old White to Orange 9:20am to 10:05am
		Adults & Teens All Belts 7:40pm to 8:40pm	5 to 12yrs old Green to Black 10:15 to 11:05am		Adults & Teens All Belts 11:15am to 12:15pm

EDISON DOJO 216 Tingley Lane • North Edison, NJ • 908 757.9292

MON	TUE	WED	THURS	FRI	SAT
CLOSED	8 to 12yrs old White to Green 6:00pm to 6:50pm	5 to 12yrs old White to Orange 6:30 to 7:15pm	3 to 4yrs old 6:00pm to 6:30pm	8 to 12yrs old White to Green 6:00pm to 6:50pm	WOMENS CARDIO 8:00am - 8:45am
	8 to 12yrs old Blue to Brown 7:00pm to 7:50pm		5 to 8yrs old White to Orange 6:35pm to 7:20pm	8 to 12yrs old Blue to Brown 7:00pm to 7:50pm	3 to 4yrs old 9:00am to 9:30pm
	Adults & Teens ALL BELTS 8:00pm to 9:15pm	5 to 12yrs old Green to Brown 7:25 to 8:15pm	ALL AGES WOMEN ONLY WOMENS CARDIO 7:30pm to 8:15pm	Adults & Teens ALL BELTS 8:00pm to 9:15pm	5 to 8yrs old White to Orange 9:40am to 10:20am
					8 to 12yrs old White to Green 10:30am to 11:20am
					ALL AGES Blue to Black 11:30am to 12:20pm

*** All class times start promptly at the times listed.
 Students are expected to arrive 5-10 minutes before their scheduled classes.
 Tardiness is strongly discouraged and disruptive to the class. Please arrive on time.



www.bressawskarate.com